



# Join NHALES And Get Your Asthma Under Control

## Study Description

- Receive at no cost treatment and medications for your asthma.
- Occurs over a five-year period and includes a minimum of 12 visits.
- Visits include physical exams, lung tests, collecting biological samples, and completing surveys.
- Some participants may be asked to undergo a procedure called bronchoscopy, which looks inside of the lungs.
- Participants who complete all study visits may be compensated up to \$3,060, with those completing a bronchoscopy receiving an additional \$375.
- Study visits take place at the National Institute of Environmental Health Sciences Clinical Research Unit in Research Triangle Park, North Carolina.

## Study Participants

- Moderate to severe asthmatics.
- Men and women, aged 18-60.
- Nonsmokers who are not exposed to significant amounts of secondhand smoke.
- No history of chronic obstructive pulmonary disease, emphysema, cystic fibrosis (CF), pulmonary fibrosis, non-CF bronchiectasis, sarcoidosis, unstable angina, or pulmonary hypertension.
- Not allergic to methacholine.
- Able to provide your own transportation to clinic visits.

**NHALES stands for Natural History of Asthma with Longitudinal Environmental Sampling. Your participation in the NHALES Study will contribute to research on how the environment affects the human body and asthma. Please consider joining today.**

## For more information:

- Call 1-855-696-4347
- Email [myniehs@nih.gov](mailto:myniehs@nih.gov)
- Visit our website at [joinastudy.niehs.nih.gov](http://joinastudy.niehs.nih.gov)

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